

# ENCOUNTER

BLANKENBAKER | THURS 7:30 PM

Below are all open groups that meet at Blankenbaker with their room number.  
If you need help finding a group please contact the Care Ministry by  
phone or email: 502.253.8400 | Care@secc.org

## ADDICTIONS

- ALCOHOLICS ANONYMOUS** ..... **FH 131**  
Thursdays • 6:00 p.m.
- FRIENDS AND FAMILIES OF ADDICTS** ..... **WC 446**  
For family or friends of those struggling with alcohol or substance abuse.
- MEN'S ADDICTION (12 STEP)** ..... **WC 239**  
Christ-centered program for men wanting to overcome addictions & compulsions
- SEXUAL INTEGRITY 101** ..... **WC 436**  
For men who struggle with compulsive sexual behavior
- WOMEN'S ADDICTION & EATING DISORDER** ..... **WC 236**  
For women struggling with Addiction or Eating disorder.

## MARRIAGE & FAMILY

- DIVORCE SUPPORT** ..... **FH 118**  
For those struggling with issues from divorce.
- FAMILIES OF THE INCARCERATED** ..... **Fireside Room**  
Confide in one another and seek God's answers to the hard questions
- MARRIAGE IN CRISIS (COUPLES/INDIVIDUALS)** ..... **ATLR 202**  
For those struggling in marriage or who are currently separated and seeking reconciliation
- PARENTS OF TEENS WITH MENTAL HEALTH ISSUES** ..... **WC 237**

## GRIEF/HEALTH RELATED

- COPING WITH CANCER** ..... **FH 109**  
This group is for those facing the challenges and struggles of cancer
  - GENERAL GRIEF (EVERY THURSDAY)** ..... **ATCR 200/202**  
For anyone dealing with the loss of a loved one. See more specific grief groups below.
- | 1ST THURSDAY  | 2ND THURSDAY                           | 3RD THURSDAY  | 4TH THURSDAY |
|---------------|--|---------------|--------------|
| Loss of Child | Loss due to<br>Suicide/Substance Abuse | Loss of Child | Genral Grief |

## MENTAL HEALTH/ADVERSITY

- ANXIETY** ..... **ATCR 207**  
Find support & understanding in the midst of anxiety struggles
- DEPRESSION** ..... **FH 120**  
A group for those seeking support for depression.
- MENTAL HEALTH SUPPORT**..... **WC 464**  
A group for those with family members battling mental health issues
- MIGHTY OAKS** ..... **WC 245**  
A support group for veterans and first responders
- OVERCOMING ADVERSITY** ..... **FH 110**  
A group for those facing many kinds of obstacles and challenges.
- ADHD SUPPORT (FOR ADULTS)** ..... **WC 237**

# ENCOUNTER

## GROUPS THROUGHOUT THE WEEK

Below you will find groups organized by campus along with their meeting times.  
If you need help finding a group please contact the Care Ministry by  
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### BLANKENBAKER CAMPUS

- Alcoholics Anonymous - FH 111**
  - Tuesdays, 6:30 p.m.
- Alzheimer's Support Group - FH 111**
  - 3rd Thursday 1:00-2:30 p.m.
- Cancer Care Connection (Women) - Fireside**
  - 2nd Tuesday, 1:00-3:00 p.m.
- Chronic Pain and Illness - ATCR 209**
  - 4th Friday, 1:00 p.m.
- Mom's in Prayer - ATR 204**
  - Thursdays, 1:00-3:00 p.m.
- Parents of Addicted Loved Ones - WC 446**
  - Tuesdays, 6:30 p.m.
- Parents of Teens with M.H. Issues - ATR 203**
  - Tuesdays, 6:30 PM
- Parents of Estranged Children - WC 448**
  - 1st & 3rd Tuesdays, 6:30 PM
- Praying for Your Prodigal - ATCR 202**
  - Thursdays, 2:00 p.m.
- Step Family Support - WC 367**
  - Sundays, 10:45 a.m.
- Pillars of Parenting - WC 237**
  - Sundays, 10:45 a.m.
- Redeemed Warriors (Vets) - FH 109**
  - Mondays, 6:15 p.m.

### REGISTRATION REQUIRED

- CROSS (Men's Sexual Addiction)**  
menofcross@gmail.com
- Mosaic (Wives of Sex Addicts)**  
Thurs, 7:30 PM, arcwives@hotmail.com
- Forgotten Hearts**  
Sun, 6 PM, forgottenheartse@gmail.com

- Sexual Identity: Love in the Conflict**  
Last Tues/Month, 7 PM,  
Familyandfriends920@gmail.com
- Teen Support (13-17)**  
Thurs, 7:30 PM, lifewellky@gmail.com
- HART (Destructive Relationships)**  
Thurs, 7:30 PM, juliegouldcounseling@gmail.com
- Women's Abuse**  
Thurs, 7:30 PM, mendingheart@live.com
- Grace & Truth in Your Story**  
Thurs, 7:30 PM, lallen@secc.org

### BULLITT COUNTY CAMPUS

#### TUESDAYS 7:00 PM

- Addictions (Coed)
- Anxiety
- Depression
- Friends and Families of Addicts
- 7 Pillars (Men's Sexual Addiction) \*email nbuda@secc.org
- WORTH (Women's Betrayal) \*email nbuda@secc.org

### CRESTWOOD CAMPUS

#### MONDAYS 7:30 PM

- Alcoholics Anonymous \* 6:15 PM
- Men's Sexual Accountability
- Stillborn, Infant Loss \* 1st Monday

### HIGHLANDS

#### THURSDAYS 2:00 PM

- Overcoming Adversity

### ELIZABETHTOWN CAMPUS

#### WEDNESDAYS 7:00 PM

- Addiction Recovery
- Grief
- Recovery for the Rest

### INDIANA CAMPUS

#### TUESDAYS 6:30 PM

- Men's Addiction (THRIVE)
- Women's Addiction
- Women's Depression and Anxiety
- Journey to Wholeness (Women)
- Families of Addicts \* Wednesdays 6:30 PM

### LA GRANGE CAMPUS

#### WEDNESDAYS 6:30 PM

- Addiction Recovery
- Grace & Truth (Women)
- Women's Addiction \* Tuesdays 6:30 PM

### ONLINE

#### MONDAYS 7:00 PM

- Anxiety and Depression
  - [HTTPS://ZOOM.US/J/174154667](https://zoom.us/j/174154667)
- Grief
  - [HTTPS://SHORTURL.AT/HQDF9](https://shorturl.at/HQDF9)

### PROSPECT CAMPUS

#### TUESDAYS 6:30 PM

- Addictions (Coed)

### SHELBY COUNTY CAMPUS

#### MONDAYS 7:00 PM

- Addictions
- General Grief
- Families of Addicts
- Overcoming Adversity

### SOUTH LOUISVILLE CAMPUS

#### TUESDAYS 6:30 PM

- Addictions
- Grief Support
- Grace & Truth (Women)

### SOUTHWEST CAMPUS

#### MONDAYS 7:00 PM

- Overcoming Adversity
- Grace & Truth (Women)