

ENCOUNTER

THURSDAY NIGHT GROUPS

We are a community of broken people seeking help and healing through connection to Jesus and one another. Join us before groups in worship and message to help you unplug and prepare your heart for recovery. Our Thursday night worship service is from 6:30-7:30 p.m., groups meet immediately following until 8:45 p.m. Childcare is provided for birth-10 years. We cant wait to see you!

ADDICTIONS

ALCOHOLICS ANONYMOUS	FH 131
Thursdays • 6:00 p.m.	
FAMILIES OF ADDICTS	WC 446
For family or friends of those struggling with alcohol or substance abuse.	
FORGOTTEN HEARTS	Upon Request
For women wanting to overcome love and sexual addiction. Contact forgottenheartse@gmail.com	
MEN'S ADDICTION (12 STEP)	WC 239
Christ-centered program for men wanting to overcome addictions & compulsions	
MEN'S SEXUAL ADDICTION (CROSS)	Upon Request
Contact menofcross@gmail.com	
WIVES OF SEX ADDICTS	Upon Request
Contact arcwives@hotmail.com	
WOMEN'S ADDICTION & EATING DISORDER	WC 236
For women struggling with Addiction or Eating disorder.	

MARRIAGE & FAMILY

DIVORCE SUPPORT	FH 118
For those struggling with issues from divorce.	
FAMILIES OF THE INCARCERATED	Fireside Room
Confide in one another and seek God's answers to the hard questions	
MARRIAGE IN CRISIS (COUPLES/INDIVIDUALS)	ATLR 202
For those struggling in marriage or who are currently separated and seeking reconciliation	
SINGLE MOMS	ATLR 201
Come for support, encouragement, and guidance as you walk through real life situations.	
TEEN SUPPORT	Upon Request
For teens ages 13-17 to come and find support in the difficulties of life. Must register to attend. For details email Care@secc.org	
PARENTS OF ESTRANGED CHILDREN	WC 448
Meets every other week beginning September 8 .	

GRIEF/HEALTH RELATED

ALZHEIMERS CAREGIVERS	FH 111
For caregivers of family members with Alzheimer's. *3rd Thursday • 1:00-2:30 p.m.	
COPING WITH CANCER	FH 109
This group is for those facing the challenges and struggles of cancer	
GENERAL GRIEF (EVERY THURSDAY)	ATCR 200/202
For anyone dealing with the loss of a loved one. See more specific grief groups below.(starts at 7:00 p.m, Welcoming more at 7:30pm)	

SPECIFIC GRIEF

1ST THURSDAY	2ND THURSDAY	3RD THURSDAY	4TH THURSDAY
Loss of Child Loss of Spouse	Loss of Parent, Loss due to Suicide/Substance Abuse	Loss of Child	Genral Grief

ADVERSITY

ANXIETY	ATCR 207
Find support & understanding in the midst of anxiety struggles	
CODEPENDENCY	FH 136
A group dealing with boundary issues for families and friends dealing with addiction.	
DEPRESSION	FH 122
A group for those seeking support and relief from depression.	
JOURNEY TO FREEDOM	Upon Request
Women's Unwanted Same-Sex Attraction. Email: care@secc.org	
MENTAL HEALTH SUPPORT	WC 464
A group for those with family members battling mental health issues	
MIGHTY OAKS	WC 245
A support group for veterans and first responders	
OVERCOMING ADVERSITY	FH 110
A group for those facing many kinds of obstacles and challenges.	
WOMEN'S ABUSE	Upon Request
Email: mendingheart@live.com	

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GROUPS THROUGHOUT THE WEEK

Below you will find groups organized by campus along with their meeting times!
If you need help finding a group please contact the Care Ministry by phone or email:
502.253.8400 | Care@secc.org

BLANKENBAKER CAMPUS DAYS AND TIMES VARY

- Alcoholics Anonymous - FH 111**
 - Tuesdays, 6:30 p.m.
- Alzheimer's Support Group - FH 111**
 - 3rd Thursday 1:00-3:00 p.m.
- Cancer Care Connection (Women) - Fireside**
 - 2nd Tuesday, 1:00-3:00 p.m.
- Chronic Pain and Illness - Fireside**
 - 4th Friday, 1:00 p.m.
- Grief Workshop - FH 110**
 - Tuesdays, 6:30-8:00pm, Sept. 20– Nov. 15.
- Mom's in Prayer - ATR 204**
 - Thursdays, 1:00-3:00 p.m.
- Parents of Addicted Loved Ones - WC 241**
 - Tuesdays, 6:30 p.m.
- Praying for Your Prodigal - ATCR 202**
 - 2nd Sunday 4:00 p.m.
- Step Family Support - WC 367**
 - Sundays, 10:45 a.m., starting Sept. 11.

BULLITT COUNTY CAMPUS TUESDAYS 7:00 P.M.

- Addictions (Coed)**
- Anxiety and Depression**
- Friends and Families of Addicts**
- Men's Sexual Addiction**
- Women's Abuse *Beginning Oct. 12**

CRESTWOOD CAMPUS MONDAYS 7:30 P.M.

- Alcoholics Anonymous *6:15 P.M.**
- Men's Sexual Accountability**
- Stillborn, Infant Loss *1st Monday**

ELIZABETHTOWN CAMPUS WEDNESDAYS 6:30 P.M.

- Addiction Recovery**
- Grief**
- Recovery for the Rest**

HIGHLANDS THURSDAYS 2:00 P.M.

- Overcoming Adversity**

LA GRANGE CAMPUS WEDNESDAYS 6:30 P.M.

- Women's Healing Group**
- Grief Workshop *Oct. 12 - Jan. 18**
- Addiction**

INDIANA CAMPUS TUESDAYS 6:30 P.M.

- Grief Workshop * Aug. 2 - Nov. 8**
- Families of Addicts *Wednesdays 6:30 p.m.**
- Men's Addiction (THRIVE)**
- Single Moms**
- Women's Addiction**
- Women's Depression and Anxiety**

ONLINE MONDAYS 7:00 P.M.

- Anxiety and Depression**
 - [HTTPS://ZOOM.US/J/174154667](https://zoom.us/j/174154667)
- Grief**
 - [HTTPS://ZOOM.US/J/217960435](https://zoom.us/j/217960435)

SOUTH LOUISVILLE CAMPUS TUESDAYS 6:30 P.M.

- Addictions**
- Grief Support * Beginning in October**
- Healthy Relationships**
- Trauma Care**
- Wives of Domestic Abuse**

PROSPECT CAMPUS TUESDAYS 6:30 P.M.

- Addictions (Coed)**

SHELBY COUNTY CAMPUS MONDAYS 7:00 P.M.

- Addictions**
- General Grief**
- Families of Addicts**
- Overcoming Adversity**

ADDITIONAL GROUPS CONTACT FOR DETAILS

- CROSS (Men's Sexual Addiction)**
Email: menofcross@gmail.com
- ARC WIVES (Wives of Sex Addicts)**
Email: arcwives@hotmail.com
- Friends and Family of Those Struggling with Sexual Identity**
Email: Familyandfriends920@gmail.com
- Forgotten Hearts (Women's Relational and Sexual Addiction)**
Email: forgottenheartse@gmail.com
- Journey to freedom (women's unwanted same sex attraction)**
Email: Care@secc.org
- Women's Abuse**
Email: mendingheart@live.com
- Group Support for Special Needs Parents**
Email: tyialynn@criticallyloved.org
Facebook Page: [@criticallyloved](https://www.facebook.com/criticallyloved)